

A LA CARTE

WHILE YOU WAIT

- Oven Baked Ciabatta to Dip** with oil & balsamic for 2 - 2.95 / for 4 - 4.95
- Olives** marinated in lemon stuffed with garlic & pimento 3.45
- Garlic Ciabatta** 3.25
- with Mozzarella 3.95

STARTERS

- Homemade Sweet Potato & Leek Soup** with a herbed crème fraiche () 3.95
- Handmade Salmon & Smoked Haddock Fishcakes** served with a lemon aioli 5.45
- Mushrooms in a Stilton Sauce** served with warmed ciabatta to dip 5.45
- Chicken Satay** skewers served with pickled vegetables & a spicy peanut dip 5.45
- Tempura King Prawns** served with a chilli & lime jam 6.45
- Black Pudding** with crispy smoked bacon, an Appleby's free range poached egg & hollandaise sauce served on half a toasted English muffin 4.95
- Vegetable Spring Rolls** served with a soy, sesame & chilli dip 4.95
- Handmade Smoked Mackerel & Lime Pâté** served with warm toast 4.95
- A Duo of Rustic Homemade Houmous** – sun dried tomato plus lemon & coriander served with vegetable crudités & warm pitta () 4.95
- Homemade Falafel** served with a minted tzatziki (with mango lime salsa verde) 4.95

MAINS

- Monkfish** wrapped in Parma ham drizzled with lemon oil served on crushed new potatoes with a tomato & coriander fondue 13.95
- A 7oz Fillet Steak** with gourmet chips, homemade onion rings, grilled tomato & a field mushroom (Stilton or peppercorn sauce +£1) 20.95
- Baby Rack of Lamb** with a red wine & redcurrant jus served with Dauphinoise potatoes & seasonal vegetables 14.95
- 'Mess Tin Beef'** - slow braised shin of beef served with a spring onion mash, Chantenay carrots & tenderstem broccoli, topped with crispy bacon & a rich gravy 13.95
- Seared Swordfish** on a bed of quinoa, with mango lime salsa verde & tempura broccoli 13.95
- Roasted Belly Pork** with a sticky cider sauce, crackling, spring onion mash & seasonal vegetables 12.95
- Cajun Chicken** with a mild coconut curry sauce topped with roasted peppers, spring onions & crème fraiche served with a coriander & turmeric rice 12.45
- Fish & Chips** - fresh haddock cooked in a light tempura batter served with homemade tartare sauce, minted mushy peas & gourmet chips 13.45
- 'The Wro Superfood Bowl'** carrot & courgette ribbons, lemon & coriander houmous, quinoa, falafel, avocado plus mango lime salsa verde 12.95
- Baked Butternut Squash and Goat's Cheese Lasagne** served with garlic ciabatta 10.95

BURGERS on a brioche bun with gourmet chips, our own 'slaw & handmade onion rings

100% Beef Burger with leaf, tomato salsa, Cheddar & bacon 11.45

Louisiana Chicken Fillet Burger a lightly spiced butterflied chicken breast with roasted peppers, Mozzarella & jalapeno mayo 11.95

Switch to Sweet Potato Fries +£1

SALADS

- g** **Salmon Fillet Salad** with carrot ribbons, cucumber, bean sprouts & sweet soy dressing 12.95
- g v** **Grilled Goat's Cheese Salad** with toasted pine nuts, mixed leaf, red onion, with a balsamic & olive oil dressing 10.95
- g** **Lemon & Black Pepper Chicken Breast Salad** served warm with a sun-dried tomato mayonnaise dressing & mixed leaf 11.45
- Sticky Teryaki Beef Salad** with toasted sesame seeds on mixed leaf topped with crispy noodles 12.95

SIDES

Garlic Buttered Mushrooms	3.95	Sweet Potato Fries	3.00
House Salad	3.00	Tempura Broccoli	3.00
Chantenay Carrots & Broccoli	3.95	Homemade Onion Rings	3.00
Dauphinoise Potatoes	3.95	Homemade Coleslaw	3.00
GOURMET CHIPS		SKINNY FRIES	
Small	1.95	Small	1.25
Regular (served with dips)	3.95	Regular (served with dips)	2.95

HANDMADE PIZZAS

- v** **Mediterranean Vegetable** with courgette ribbons, pesto & olives 11.95
- v** **Margherita** with cheese, tomato & herbs 10.95
- The 'Majorly Meaty'** with ham, chicken, bacon, red onion & BBQ sauce 12.50
- Ham, Mushroom, Toasted Pinenuts & Parmesan** 12.50
- Cajun Chicken** with jalapenos, red onion & roasted pepper 11.50
- Chicken Kiev with Mozzarella & Garlic Butter** 11.95
- v** **Goat's Cheese and Roasted Pepper** with caramelised onions 10.50
- vg** **Vegan Pizza** rich tomato sauce, mushroom, onion, sweetcorn & basil (no cheese) 10.50
- Add a sharing side salad and homemade 'slaw 3.95
- g** *Gluten Free bases available +£1 served with a side salad*

SHARING PLATTERS

- The Lounge Platter** 15.95
- Vegetable Spring Rolls** served with a soy & chilli dip, **Chicken Satay** in our Asian style marinade served with pickled vegetables & a spicy satay dip, **Handmade Salmon & Smoked Haddock Fishcakes** served with a lemon aioli plus **Garlic Ciabatta & optional Mozzarella**
- v** **The Lounge Vegetarian Platter** 13.95
- Stilton Mushrooms, Homemade Falafel** served with a minted tzatziki dip, **Vegetable Spring Rolls** served with a chilli & soy jam plus **Garlic Ciabatta & optional Mozzarella**
- The Lounge Fish Platter** 15.95
- Handmade Salmon & Smoked Haddock Fishcakes** served with a lemon aioli, **Tempura King Prawns** served with a chilli & lime jam, **Handmade Smoked Mackerel & Lime Pâté** served with warm toast

HOMEMADE DESSERTS (v) 4.95

Salted Caramel Cheesecake finished with a caramel sauce

Lemon & Lime Crème Brûlée served with a homemade Viennese biscuit

Homemade Meringue with Berries topped with double cream & a fruit compote

Black Forest Sundae with homemade chocolate brownie, cherries, warm chocolate sauce & ice cream

Ice Cream chocolate, vanilla or today's special

Cheeseboard Black Bomber Cheddar, Amber Mist (whisky & orange) & Perl Las (blue)

g Gluten Free **v** Vegetarian **vg** Vegan (**g** / **vg**) Gluten Free / Vegan by amendment

AFTERNOON TEA IN THE LOUNGE 10.95 per person

Presented on three tier stands, adorned with delicious finger sandwiches, homemade scones served with jam and clotted cream and a selection of delicious cakes plus a pot of house tea or an Americano coffee, served daily between 3pm - 4.30 pm

Sandwiches:-
Egg & Cress
Cream Cheese & Cucumber
Home Roasted Ham

Why not go all indulgent? Add a flute of fizz 15.95 per person

Simply let us know the number of guests 24 hours in advance and we will do the rest!

Speciality hot drinks available at a supplement of £0.50 / top ups 1.00

WRO WRIGGLERS – CHILDREN'S MENU

v **CHEESE & TOMATO CIABATTA PIZZA** served with a salad garnish & skinny fries

CHICKEN GOUJONS served with skinny fries & tomato ketchup

FISH FINGERS served with skinny fries & tomato ketchup

CHICKEN SATAY SKEWER served with skinny fries

v **VEGETABLE SPRING ROLLS** served with skinny fries

If you would like a mini portion of carrots & broccoli instead please just ask!!

THE BEST BIT! **g**

DAIRY ICE CREAM SUNDAE chocolate or vanilla ice cream with a choice of strawberry, toffee or chocolate sauce served with a 'chocolate tea spoon'

All with your choice of a glass of milk, coke, lemonade, blackcurrant or orange squash 4.95

If you have any allergies, please ask a member of our team for our allergens guide.
Our food is made in a kitchen that handles nuts and nut-products